

RTasks Clinical Training - Course Listing

Course Name	Description	Topic
Reporting Maltreatment	A detailed overview of the types of abuse including physical, emotional, sexual, financial, self-neglect, and neglect. Includes the staffs' responsibility in reporting.	Types and Signs of Abuse Mandated Reporting-MN Specific
The MN Assisted Living Bill of Rights	Review of the MN assisted living bill of rights and staff responsibilities related to ensuring the exercise and protection of those rights.	Resident Rights and Staff Responsibilities
Basic Infection Control Techniques	Review of infection control techniques and implementation of infection control standards including a review of hand washing, the need for and use of personal protective equipment, appropriate disposal of contaminated materials and equipment, disinfecting reusable equipment and environmental surfaces, and reporting communicable diseases.	Hand Hygiene Personal Protective Equipment (PPE) Clean, Disinfect, OR Dispose of Contaminated Items
Understanding Infection Control	A detailed overview of basic infection control, including blood-borne pathogens, the chain of infection, types of transmissions, and preventing infections.	Chain of Infection Preventing Infection
Person-Centered Care	The principles of person-centered planning and service delivery and how they apply to direct support services provided by the staff person.	Person-Centered Care
Age-related Hearing Loss and Health Impacts	Explanation of age-related hearing loss and how it manifests itself, its prevalence, and challenges it poses to communication. Information about strategies and technology that may enhance communication.	Effects of Hearing Loss Causes and Impacts of Hearing Loss Caring for a resident with hearing loss
ABC's of Documentation	A detailed overview of best practices when documenting in a medical record.	Documentation requirements for all services provided
Changes in Condition	A detailed overview of observing, reporting, and documenting changes in the resident's condition and knowing when to notify the supervisor.	Reporting Changes in Condition Recognizing Changes in Condition
Maintaining a Clean and Safe Environment	A detailed overview of how to maintain a clean and safe environment including risk factors for accident and injuries and how to prevent them.	Maintaining a Clean Environment Risk Factors for Accidents and Injuries Preventing Accidents and Injury
ABC's of Activities of Daily Living	A detailed overview of appropriate and safe techniques in providing personal hygiene and grooming.	Activities of Daily Living (Overview) Hair Care Bathing Shaving Oral Care Hearing Aids Dressing Toileting Peri Care
Fall Prevention	A detailed overview of fall risks, prevention, reporting, and handling of falls.	Understanding Falls and Fall Risk Preventing Falls Reporting and Handling Falls
ABC's of Nutrition and Food Safety	A detailed overview of nutrition, meal preparation, food safety, and assistance with eating. Includes preparation of modified diets as ordered by a licensed health professional.	Basic Nutrition Meal preparation and food safety Assistance with Eating and Drinking Special diets
Effective Communication	A detailed overview of communication skills that include preserving the dignity and showing respect for the resident, their preferences, cultural background, and family.	Effective communication

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Resident Privacy and Confidentiality	Reviews the importance of maintaining confidentiality and privacy, including, HIPAA requirements.	Understanding confidentiality Preventing breaches of security/confidentiality
Healthy Boundaries	Discusses the importance of maintaining healthy interpersonal boundaries in relationships with residents, families, and coworkers.	Boundaries
How to Handle a Health Care Emergency	A detailed overview of core principles used in handling various health care emergency situations	How to Handle a Health Care Emergency
Tech and Assistive Devices in Healthcare	Introduction to commonly used health technology equipment and assistive devices.	Electronic Health Record and Communication Vital Sign Equipment Sensor and Medical Alert Technology Adaptive Devices
Basic Knowledge of Body Systems	An overview of basic knowledge of body functioning, including observable changes in body function or injuries that must be reported to appropriate personnel.	Reporting resident changes to a supervisor
Reading and Recording Vital Signs	Discusses what vital signs are and how to measure and record vital signs including: blood pressure, pulse, respirations, oxygen saturation, temperature, weight, and blood glucose.	Importance of Vital Signs Blood Pressure Pulse Respirations Oxygen Saturation Temperature Weight Blood Glucose (Blood Sugar)
Meeting an Individual's Needs	Discusses the physical, emotional, cognitive, and developmental needs of individuals, and how unmet needs may manifest. Includes suggested interventions to meet those needs.	Emotional needs Developmental needs Physical needs Cognitive needs
Safe Lifting / Transfer Techniques and Ambulation	Review of basic body mechanics and proper lifting and transfer techniques that can prevent injury and promote safety for both staff and residents.	Safe Transfer Techniques and Ambulation
Positioning and Range of Motion	Review of the importance of positioning and range of motion techniques for resident health and well-being	Importance of range of motion and positioning Range of Motion Techniques Positioning Techniques
Medication and Treatment Administration	A detailed overview of medication administration: by mouth, buccal, sublingual, nebulizer, inhaler, eye, ear, intranasal, topical, transdermal, subcutaneous, rectally, and vaginally. Includes a review of the "Rights of Medication Administration" to prevent medication errors.	Medication Administration Route : By Mouth & Similar Route : Eye Route : Ear Route : Intranasal Route : Topical Route : Transdermal Route : Subcutaneous Route : Rectal Route : Vaginal Treatment and Therapies
Dementia and End-of-Life Care	End-of-life considerations for residents with dementia and interventions that may be beneficial to promote comfort and dignity.	Dementia - End-of-Life Care